Palm reading, tarot or astrology?

Three traditions, three ways in. Which reading suits you, on one page.

	Palm reading	Tarot	Astrology
What the reader looks at	The lines, mounts, fingers and shape of your hands	Cards you draw from a deck of 78, laid out in a spread	Where the sun, moon and planets were when you were born
What you bring	Your hands (both of them)	A question, or just an open mind	Your birth date, time and place
Does it change?	Slowly: the same hands, read again over years	Every reading: the cards are shuffled each time	Your birth chart never changes; readers compare it with the sky now
Best for	Your character, strengths and the shape of your life	A specific question or decision right now	Your temperament and the seasons of your life
In person or online	Best in person, where the reader can see and hold your hands	Works well either way	Works well either way; a chart can be drawn from your details

One question, three readings: “Should I take the new job?”

Palm reading

1. Looks at both hands, then your dominant one
2. Reads the head line for how you think and decide
3. Reads the fate line for how you approach work and direction
4. Talks through what suits your nature

Tarot

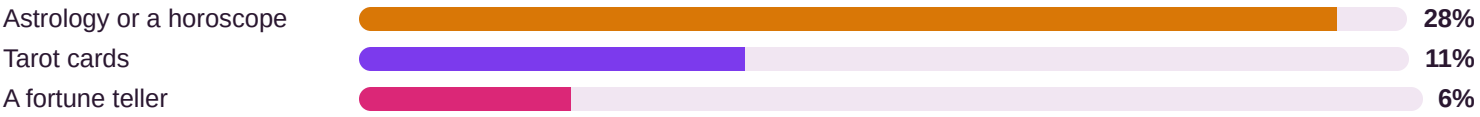
1. Asks you to hold the question while you shuffle
2. Lays out a spread, often ten cards in Waite's method
3. Reads each card in its place: the situation, what helps, what's in the way
4. Talks through the choice the cards frame

Astrology

1. Draws your chart from your birth date, time and place
2. Looks at the Tenth House, which Sepharial says "rules over position, honour and fame"
3. Compares your chart with where the planets are now
4. Talks through timing and temperament

An illustration of each method, not a real reading.

How many Americans consult each (at least once a year)



30% consult at least one. 20% do it mostly “just for fun,” 10% mostly for “helpful insights,” and 1% rely on it “a lot” for major decisions. Pew Research Center, 2025 (palm reading not asked about separately).

Choosing your first reading

Want to feel seen as a person? Start with a palm reading. **Facing one decision?** Try tarot. **Love the idea of the sky at your birth?** Book an astrologer. Whichever you choose, a good reader listens, talks about character and possibility, and never charges to lift a “curse.”

Palm Reading Near Me · palmreadingnearme.com/guides/palm-reading-vs-tarot · Sources: Pew Research Center (2025); Cheiro, Palmistry for All; Waite's tarot text (de Laurence reprint); Sepharial, Astrology. Free to print and share with a link back.