Your psychic reading: questions to ask

Bring this card along. Tick the boxes as you go.

How a reading usually runs

1. Agree the price and length
One price, stated up front, for a set time. Ask what's included.

2. How the reader works
Cards, palms, a birth chart, or impressions. Ask what to expect.

3. Say what's on your mind
Or don't: some readers prefer to start open.

4. Listen, and take notes
Notice what feels true to you, and what doesn't.

5. Ask questions
Ask what a symbol means, or how they reached a point.

6. Sit with it
Treat it as a reflection, not a forecast. No pressure to rebook.

Questions to ask

Before you book

- [ ] What's the total price, and what does it include?
- [ ] How long is the session?
- [ ] How do you work: cards, palms, a chart, impressions?
- [ ] Are there any other costs later?

During the reading

- [ ] What makes you say that?
- [ ] What does that card or line mean in your tradition?
- [ ] Can you say more about how this fits my question?
- [ ] What would you want me to reflect on?

Afterwards, ask yourself

- [ ] What stayed with me, and why?
- [ ] Did anything feel off, or pushed?
- [ ] Would I go back for the experience, not because I was told to?

Five ways to protect yourself (U.S. Postal Inspection Service)

Watch out for promises with fees. “Watch out for psychics who guarantee you good health, wealth, or fortune.”

Never give out financial information. “Never give money or credit card or bank account information to anyone you do not know or trust.”

Research the price of services. “If you want to engage the services of a psychic, be sure you know the total cost of anything you order and exactly what you will receive.”

Ask about hidden costs. “Ask if there are any conditions and ongoing or hidden costs.”

Discuss with a friend. “Check with a trusted friend or loved one before engaging the services of a psychic or medium.”